

DONA International Birth Doula Training

Hamilton, Bermuda

November 11-13, 2011



Art by Melony Kendall

COURSE SCHEDULES AND LOCATION

BREASTFEEDING COURSE

Friday, November 11, 2011
9:00 am - 1:00 pm

DOULA WORKSHOP

Friday, November 11
2:00 pm - 9:00 pm
Saturday, November 12
9:00 am - 6:00 pm
Sunday, November 13
9:00 am - 4 pm

WHAT TO BRING

Pen, water, and snacks. Lunch and dinner will be provided all 3 days by Sophie Cannonier - it will be nutritious!

LOCATION

"Lotus" Melbourne House
Victoria St East, Hamilton

SEND REGISTRATION TO:

Call Barbara at the Health Coop
441-296-5900

MORE INFORMATION

www.thebirthcompany.com
rae@thebirthcompany.com

REGISTRATION DUE BY:

Registration due by:
November 1, 2011

Course Descriptions and Fees

BIRTH DOULA TRAINING

Registration fees \$600 for both courses

This comprehensive 3-day course is for anyone interested in assisting women and families in having a satisfying birth experience. It is designed to guide participants in becoming expert labor support providers as doulas. It uses texts, supplementary literature, videos, and role-play to build theoretical knowledge and practical skills. Attendance constitutes one step in the process to become a DONA International Certified Doula (CD/DONA). Additional requirement information is available at www.dona.org.

BREASTFEEDING COURSE

This basic 4-hour course is required for birth doula certification. It will prepare doulas for providing information on breastfeeding and supporting the mother immediately after birth, and for the first few weeks postpartum.

RECOMMENDED READING

These are a few of the books required for certification from the DONA reading list - see the entire list at www.dona.org:

- *The Birth Partner* by Simkin
- *The Doula Book* by Klaus
- *The Breastfeeding Answer Book* by Morhbachner

ABOUT THE TRAINER

Rae Davies has been a childbirth educator for over thirty-five years and a DONA Doula Trainer since 1996. She is a board certified



lactation consultant (IBCLC) and is the Health Care Practices Task Force Co-coordinator of the World Alliance for Breastfeeding Action (WABA). Rae is currently the Administrative Director for the International MotherBaby Childbirth Organization (www.imbci.org), and serves on the board of directors for the Florida School of Traditional Midwifery.

19.5 National Certification Board of Therapeutic Massage & Bodywork (NCBTMB) CE's available

Registration Form - Bermuda - November 11-13, 2011

Name

Address

Phone and Email