

DONA Doula Training ♦ Breastfeeding Course Orlando, FL September 10-12, 2010

Course Schedules and Location

Breastfeeding Course

Friday, September 10
9:00 am to 1:00 pm

Birth Doula Workshop

Friday, September 10
2:00 pm to 8:00 pm
Saturday, September 11
9:00 am-6:00 pm
Sunday, September 12
9:00 am-4:00 pm

What to Bring: Bring pen, water, and snacks/lunch/dinner. There are also several restaurants in the area.

Location:

Children's Home Society
1485 South Semoran Blvd
Lakeview Conference Center
Winter Park, FL 32792
Lost? Call Laura
407-670-4198 or
Rae's cell 904-813-5822

Birth Doula Training (\$275)

This comprehensive 3-day course is for anyone interested in assisting women and families in having a satisfying birth experience. Attendance constitutes one step in the process to become a DONA International Certified Doula (CD/DONA). Additional requirement information is available at www.dona.org.

Early Head Start Doula Program

This training provides you with the opportunity for a scholarship to become a volunteer doula with Early Head Start. For more information contact Laura Grant 321-397-5261 or email laura.grant@chsfl.org.

Breastfeeding

Requirement (\$45)

This basic 4 hour course is required for birth doula certification. It will prepare doulas for providing information on breastfeeding and supporting the mother immediately after birth, and for the first few weeks postpartum.

Recommended Reading

These are a few of the books required for certification from the DONA reading list:

- *The Birth Partner* by Simkin
- *The Doula Book* by Klaus & Kennell
- *The Breastfeeding Answer Book*, LaLeche League Intl

Texts can be purchased on-line from DONA at www.dona.org or call 888-788-DONA.



Rae is the doula providing support.

About the trainer:

Rae Davies has been a childbirth educator for over thirty years and a DONA Doula Trainer since 1996. She is an IBCLC and is the Health Care Practices Task Force Co-coordinator for the World Alliance of Breastfeeding Action (WABA). Rae is currently the Administrative Director of International MotherBaby Childbirth Organization (www.imbci.org), and serves on the board of directors for the Florida School of Traditional Midwifery.

Send Registration to:
The Birth Company
P.O. Box 2346
Ponte Vedra Bch, FL 32004

For more information:
904-285-0028
www.thebirthcompany.com
rae@thebirthcompany.com

Registration Due:
September 1, 2010
\$25 Cancellation Fee
PayPal accepted

Registration Form ♦ Orlando, September 10-12

Name _____

Address _____

Phone/Fax/Email _____

Courses attending: Doula Training \$275 Breastfeeding \$45