

DONA Doula Training ♦ Breastfeeding Course

Vero Beach, FL

March 19-21, 2010

Course Schedules and Location

Breastfeeding Course

Friday, March 19

9:00 am to 1:00 pm

Birth Doula Workshop

Friday, March 19

2:00 pm to 8:00 pm

Saturday, March 20

9:00 am– 6:00 pm

Sunday, March 21

9:00 am - 4:00 pm

What to Bring: Bring pen, water, and snacks/ lunch/dinner, or be prepared to go to one of the local restaurants.

Location:

Midwife Love
3760 20th St., Suite A
Vero Beach, FL 32960

Lost? Questions? Call Rae
904-813-5822

Birth Doula Training (\$275)

This comprehensive 3-day course is for anyone interested in assisting women and families in having a satisfying birth experience. It is designed to guide participants in becoming expert labor support providers as doulas who provide continuous physical, emotional and informational support during and just after birth. Texts, supplementary literature, videos, and role-play will be used to build theoretical knowledge and practical skills. Attendance constitutes one step in the process to become a DONA International Certified Doula CD(DONA). Requirement information is available at www.dona.org.

Breastfeeding

Requirement (\$45)

This basic 4 hour course is required for birth doula certification. It will prepare doulas for providing information on breastfeeding and supporting the mother immediately after birth, and for the first few weeks postpartum.

Recommended Reading

These are a few of the books required for certification from the DONA reading list:

- *The Birth Partner* by Simkin
- *The Doula Book* by Klaus & Kennell
- *The Breastfeeding Answer Book*, LaLeche League Intl

Texts can be purchased online from DONA at www.dona.org or call 888-788-DONA.



Rae is the doula providing support.

About the trainer:

Rae Davies has been a childbirth educator for over thirty years and a DONA Doula Trainer since 1996. She is an IBCLC and is the Health Care Practices Task Force Co-coordinator for the World Alliance of Breastfeeding Action (WABA). Rae is currently the Administrative Director of International MotherBaby Childbirth Organization (www.imbci.org), and serves on the board of directors for the Florida School of Traditional Midwifery.

Send Registration to:
The Birth Company
P.O. Box 2346
Ponte Vedra Bch, FL 32004

For more information:
904-285-0028
www.thebirthcompany.com
rae@thebirthcompany.com

Registration Due:
March 12, 2010

PayPal accepted

Registration Form ♦ Vero Beach, March 19-21

Name _____

Address _____

Phone/Fax/Email _____

Courses attending: Doula Training \$275 Breastfeeding \$45